## Indiana School for the Blind and Visually Impaired

May 9, 2022 – May 13, 2022 MS/HS Menu

## Monday Breakfast

Cereal or Muffin, Yogurt, Fresh Fruit, Juice, Milk

#### Monday Lunch

BBQ Chicken Sandwich or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Cole Slaw, Curly Fries, Assorted Fruit, Milk

#### **Monday Dinner**

Chicken Nuggets, Mac and Cheese, Vegetable, Fresh Fruit, Baker's Choice, Milk

### **Tuesday Breakfast**

Cereal or Cook's Choice, Cheese Stick, Fresh Fruit, Juice, Milk

#### **Tuesday Lunch**

Chicken Tinga Quesadilla or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Refried Beans/Cheese, Spanish Rice, Assorted Fruit, Milk

#### **Tuesday Dinner**

Breakfast for Dinner, Vegetable, Fresh Fruit, Baker's Choice, Milk

### Wednesday Breakfast

Cereal or Waffles, Bacon, Yogurt, Fresh Fruit, Juice, Milk

### Wednesday Lunch

Pizza or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Cooked Carrots, Side Salad/Cherry Tomatoes, Assorted Fruit, Wednesday Snack, Milk

### Wednesday Dinner

Cook's Choice, Vegetable, Fresh Fruit, Baker's Choice, Milk

## Thursday Breakfast

Cereal or Sausage Biscuit Sandwich, Yogurt, Fresh Fruit, Juice, Milk

#### Thursday Lunch

Mozzarella Meatball Sub or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Fries, Peas, Assorted Fruit, Milk

# **Thursday Dinner**

Cook's Choice, Vegetable, Fresh Fruit, Baker's Choice, Milk

## Friday Breakfast

Cereal or Cinnamon Roll, Scrambled Eggs, Cheese Stick, Fresh Fruit, Juice, Milk

# Friday Lunch

Orange Chicken or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Vegetable Fried Rice, Egg Rolls, Assorted Fruit, Fortune Cookie, Milk

### Sunday Dinner (In Dorms)

Personal Pizza, Carrot Sticks/Dip, Fruit Cocktail, Cookie, Milk

\*\*\*Menu subject to change. 100% Whole Grain at Breakfast. Soy Butter and Jelly sandwich offered as alternative choice at lunch upon request. This institution is an equal opportunity provider.